Summa Health Sports Medicine

Summa’s Sports Medicine physicians are specially trained in sports medicine, which makes them uniquely qualified to manage and treat active people of every age in our high patient satisfaction scores.

Nilesh Shah, M.D.
Medical Director and Sports Medicine Specialist
Dr. Shah is a board-certified, fellowship-trained family medicine and sports medicine specialist. He is medical director of Summa Center for Sports Health and fellowship director of the Summa Health System Sports Medicine Fellowship. Dr. Shah is a graduate of The Ohio State University College of Medicine. He served a family practice residency at Grant Medical Center in Columbus and a sports medicine fellowship at The Ohio State University. Dr. Shah specializes in musculoskeletal ultrasound and platelet-rich plasma injections. He is especially interested in the care of endurance athletes, fractures and tendinosis. He is team physician for the Akron Rubber Ducks, Kent State University and Kent Roosevelt High School, and he is medical director for the Akron Marathon. An avid runner who has competed in multiple marathons and a half-iron man triathlon, Dr. Shah maintains his current fitness level by running and strength training. He sees patients in Akron and Hudson.

Robert Crawford, M.D.
Sports Medicine Specialist
Dr. Crawford is a board-certified, fellowship-trained family medicine and sports medicine specialist. He is a graduate of Medical College of Toledo, and served his family practice residency at St. Vincent Health Center (Erie, Pa.) and sports medicine fellowship at Summa Health System. Dr. Crawford is team physician for Kent State University and Wadsworth High School. He was team physician for the NCAA Division I gymnastics team and individual finals in 2011. He has participated in a number of research studies. He sees patients in Wadsworth and Medina.

Ben Burkam, M.D.
Sports Medicine Specialist
Dr. Ben Burkam is a board-certified, fellowship-trained family medicine and sports medicine specialist. He is a graduate of Northeastern Ohio Medical University (NEOMED), after which he completed a family medicine residency at Riverside Methodist Hospital in Columbus, Ohio and a sports medicine fellowship at Wright State University / Kettering Sports Medicine in Dayton, Ohio. He has professional, collegiate, high school and youth sports experience. He currently serves as team physician for Manchester and Revere High Schools, Kent State University and Akron Rubber Ducks athletes. He was a varsity football and tennis player during his undergraduate education at Wittenberg University and continues his competitive endeavors as a golf enthusiast. Dr. Burkam specializes in musculoskeletal ultrasound and concussion diagnosis and management. He has weekly office hours in offices located in Akron, Green and Hudson.
Expect the finest care from our Sports Medicine Physicians

Who we treat
- Children, teens and adults
- Athletes of all ages and levels
- Fitness and activity-related injuries
- Non-athletes and athletes with chronic musculoskeletal pain
- Non-athletes and athletes with musculoskeletal injuries

Acute conditions
- Concussions
- Sprains/strains
- Uncomplicated fractures
- Dislocations
- Wrestling skin rashes
- Consults about returning:
  - Infectious mono
  - Diabetes
  - Asthma
  - Hypertension

Chronic conditions
- Exertional compartment syndrome
- Tendonitis/tendinosis
- Osteoarthritis
- Joint pain
- Overuse conditions
- Neck/low back pain

Special procedures
- Joint injections
- Viscosupplement injections
- Compartment syndrome testing
- Platelet-rich plasma (PRP) injections
- Prolotherapy injections
- Ultrasound-guided injections
- Neuropsychological testing
- Casting, splinting, bracing
- Non-operative treatments for musculoskeletal disorders
- We can expedite referrals to orthopaedic surgeons for those needing surgery.

NOTE: We can initially see patients with possible torn ligaments (surgical patients), obtain the MRI and complete pre-hab in order to expedite the referral to an orthopaedic surgeon.

Locations in Summit and Medina counties:

Akron
One Park W Blvd, Suite 330
Akron, OH 44320

Green
3838 Massillon Rd, Suite 350
Uniontown, OH 44685
(inside the Green Family YMCA)

Hudson
5655 Hudson Dr, Suite 315
Hudson, OH 44236

Medina
3780 Medina Rd, Suite 200
Medina, OH 44256

Wadsworth
621 School Dr
Wadsworth, OH 44281

Call 330.835.5555 to make an appointment or visit summahealth.org/sportsmedicine for more information